



# THE SPA

FACIALS | MESSAGES | BODY TREATMENTS





## **JOURNEYS OF RELAXATION**

Revitalise your mind, body and spirit and immerse yourself in refined holistic treatments inspired by Balinese philosophies at the chic The Spa.

Voyage through a journey of rejuvenation in a tranquil oasis of traditional Balinese kampoeng and experience a luxury treatment in lavish room with private shower.

## MASSAGE EXPERIENCE

### **Dream Time Massage** (60/90 minute)

Our Spa's signature dry massage combines acupressure, shiatsu and muscle stretching technique to free your body of blocked energy, restore flexibility and increase range of motion.

### **Traditional Balinese Massage** (60/90 minute)

A traditional Balinese healing treatment with aromatherapy oil that combines long stroke, palm, and thumb pressure technique to unravel deepest stress and improve blood flow.

### **Deep Tissue Massage** (90 minute)

A therapeutic massage with aromatherapy oil that focuses on the techniques of stretching, pressure point and lomi-lomi. The flowing massage work deeper into the muscle to release deeply accumulated tension all throughout the body.

### **Herbal Compress Massages** (90 minute)

An unique treatment combines of body massage using warmed herbal massage oil and heated herbal compress therapy. This purifying experience help to alleviate pain of sore muscle and joints, symptoms of flu and cold, relieve the pain of rheumatism and arthritis, promote healing of sprains and bruises and to soothe and quiet the mind, inducing a state of relaxation.

### **Warm Stone Massage** (90 minute)

A combination of relaxation full body massage with warm stone therapy that help to dissolves tension, melts pain, strain muscle aches and gently improves circulation.

### **Reflexology Massage** (30/60 minute)

A massage using aromatherapy oil, focussing on the acupressure point on the sole of the feet that serves to detoxify and stimulate system in the body.

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## BODY RENEWAL

### **BODY SCRUB**

#### **Lulur Body Scrub** (45 minute)

The traditional Javanese body scrub made from natural ingredient such as turmeric, sandalwood and rice powder to exfoliate the skin's surface. Cooling yoghurt then applied to soften the skin and envelop your body with essential moisture leaving your skin feeling luxuriously conditioned and hydrated.

#### **Silky Skin Body Scrub** (60 minute)

Deep cleaning, Silky Skin scrub eliminates dead skin cells, superficial toxicity, and impurities. Effective for back acne scars, renders dry rough areas soft and smooth and visibly brightened.

#### **Papaya & Pineapple Saltmousse Body Scrub** (60 minute)

Enriched with tropical fruits extract, and anti-aging enzymes. As the salt dissolves, negative ions and repairing anti-aging ingredient are quickly absorbed. The skin emerges smooth to the touch with youthful glow.



## **BODY MASK**

### **Boreh Body Mask** (45 minute)

This traditional Balinese treatment use local herb such as clove, turmeric and rice, have a stimulating and warming effect to bring comfort to body aches and pains.

### **Desert Heat Body Mask** (60 minute)

A self-heating bubbly wrap rich in Magnesium, Calcium, and Zinc. This natural, potent wrap provides a true sense of relaxation, health, and wellbeing, leaving skin mineralized, hydrated, nourished, toned and smooth.

### **Detox Algae Body Mask** (60 minute)

Designed to detoxify and improve circulation, this mineralizing Green Algae mask improves your skin tones while eliminating superficial toxic accumulation rendering skin brighter and softer.

### **Waterlily After Sun Cooling Treatment** (45 minute)

Provide your body immediate relief from sunburn or sensitive due to excessive sun exposure. Cool and desensitizes, combining water lily and green tea to heal, strengthen and moisturize. Resulting in calm and healthy glowing skin.

## **FACIALS**

### **FACIAL BY SENSATIA BOTANICAL'S**

*Emerging in the small fishing village of Jasri, Karangasem, Bali. Sensatia offer wide selection of beauty product crafted from the finest natural ingredient, while simultaneously creating positive impact within the local community.*

### **Rose Quartz Facial** (60 minute)

Specially designed to relieve facial tension and improve skin elasticity with rose quartz stone 's upward massaging stroke. This treatment includes cleansing, exfoliating and hydrating mask from Sensatia Botanicals's Facial product.

### **Express Facial** (30 minute)

Awaken your skin with our mini facial that leave your skin cleaned, toned, exfoliated and mask applied before skin moisturized, leaving the skin feel refresh and healthier.



## **FACIAL BY PEVONIA SKINCARE**

*Pevonia's most powerful ingredient come from the safest source, nature. For nearly three decades, Pevonia has been the leader in delivering natural skincare solutions to the finest spas worldwide. Developed in Switzerland and manufactured with Swiss cutting-edge skincare technology in USA, the inspiration behind Pevonia was fuelled by traditional and advanced European skincare therapies.*

### **Phyto Organic Facial** (60 minute)

Pure organic aromatherapy elixirs & botanical actives formulations from Pevonia Botanica to purify, balance & renew the skin. Improves your skin naturally and restore normal, balanced moisture levels. Leaving your skin radiant, softer, and hydrated.

### **Facial for Him** (60 minute)

Rasher rash, skin irritation or sensitivity are all treated in this executive facial for him. Combining Lavender and Propolis, this micro emulsified gel is infused into deeper layer of the skin to calms, heals, and truly enriches your skin. This facial also focuses on anti-bacterial and decongesting properties to alleviates micro-circulation problem and strengthens your fragile skin.

### **Sun-Shooting Facial** (30 minute)

For after sun care. Has the pairing benefit of White Lily and Green Tea mask to hydrate and soothe the skin. No face scrub and face massage performed. Gentle cleansing only.

### **Marine Collagen** (90 minute)

Counteract any signs of early aging, to combat excessive dryness, dehydration, fine lines and wrinkles. Rich in concentrated Marine Collagen and Caviar, this facial is perfect to refresh and fight signs of dehydration due to the humidity while on holiday, leave skin plump, tone, with youthful glow.

### **Totok Wajah** (90 minute)

The natural way to achieve a youthful and radiant complexion. Based on ancient Chinese face lift acupressure technique to stimulate energy flow, knows as Qi. Stimulate muscle fibers and nerves to boost collagen production underneath the surface to the skin.

Complemented by the finest natural ingredient skincare to detoxify skin, resulting in visibly lifted, toned and younger looking skin.

### **Caviar & Pearl Luxe** (90 minute)

The most luxurious advance defence against aging! This opulent de-aging treatment lavishes your skin with pure Caviar Extract, Pearl Extract, and a revolutionary blend of phyto-extract: Excutox®.

A black Caviar rubber mask improving elasticity, increases skin oxygenation and suppleness. Promoting rejuvenation, it visibly resurfaces and dramatically reduce expression line and wrinkle, sign of aging or works as the perfect instant repair boost when you want to look your absolute best!





## SIGNATURE JOURNEY

### **Javanese Lulur Body Bliss** (90 minute)

Experience the traditions of Royal Javanese heritage indulging in a Balinese style beauty treatment begin with Traditional Balinese massage, the experiences continue with lulur scrub using grated white turmeric, rice grain and sweet sandalwood to exfoliate the skin's surface. Cooling yoghurt then applied to soften the skin and envelop your body with essential moisture leaving your skin feeling luxuriously conditioned and hydrated.

*Floral foot bath – body massage – body scrub – yoghurt flower bath*

### **Balinese Boreh Ritual** (90 minute)

As tropical people, Balinese families created what as known as “boreh” both as curative and preventative treatment of the cold and other health problem. It feels warm and is good for fever, headaches, muscle aches, arthritis, and chill. It increases the blood circulation while its exfoliating ingredient from clove and rice could soften the skin.

*Floral foot bath – body massage – body wrap – shower*

### **Tropical Fruits Body Polish** (90 minute)

For a more invigorating to softer skin, a mix of tropical fruits body polish is definitely a must try.

*Floral foot bath – body massage – body scrub – floral bath*

## COUPLE JOURNEYS

*In our private suite within our Day Spa Sanctuary*

### **Essential Wine Elixir** (90 minute)

Enjoy our signature treatment, the famous Traditional Balinese massage followed by wine pouring bath. A true treat for both of you.

### **Exotic Retreat** (90 minute)

Experience 90 minutes full body massage followed by a romantic dinner at The Restaurant.

*Time of dinner and menu to be advised upon booking the package*

### **Honeymoon Retreat** (120 minute)

The treatment is specially created to give a truly unique and invigorating sequence which leave your skin glowing and healthy. Enjoy a Traditional Balinese massage followed by a choice of body scrub, soak in romantic flower bath while enjoying champagne and canapes.

### **The Royal Bliss** (150 minute)

An absolute relaxing treatment, combine a choice of 60 minutes massage, sea salt body scrub and facial by Pevonia facial product and continue with our healthy drink at Spa lounge.



## FAMILY SPA PACKAGE

*Suitable for age of 5 - 12 years old*

### **Mommy & Me** (90 minute for two)

This spa package is perfect for mom and child date. Our combination of massage and beautiful nail pampering just what you need for special family spa time.

### **Relaxing with Daddy** (60 minute for two)

It is my time with daddy to enjoy relaxing foot, neck, and shoulder massage.

### **Kiddie Body Massage** (45 minute)

A gentle fun massage for little one to unwind sporty bodies and relax little mind.

### **Sweetheart Little Finger** (45 minute)

A bubbly and art-filled version of our traditional spa manicure and pedicure designated for young children.

### **Kids Pampering** (90 minute)

Spoil your little one by having a day of spa and beauty ritual. Treatment includes a relaxing massage, chocolate body mask followed by bubbly and art-filled nail care.

## HAND & FOOT TREATMENT BY OPI PRODUCT

*As the world leader in the professional nail care industry, OPI, a division of Wella Operations US LLC, is committed providing high quality product and services with a focus on industry safety and innovation. Known for its exceptional formula, fashionable colour, and iconic name, OPI heavily pigmented lacquer are super rich, long-lasting, and chip-resistant - offering and affordable luxury to consumers.*

### **Spa Manicure** (60 minute)

### **Spa Pedicure** (60 minute)

### **Express Manicure & pedicure** (60 minute)

*Without nail polish*

### **Nail Polish Change**







## SPA BASICS

**Spa Opening Hours.** 9.00 AM to 9.00 PM

**Location.** Our Private Spa sanctuary is set in our Private Villa area at the rear of the resort. It has exquisite Traditional Balinese architecture and is surrounded by our tropical gardens.

**Reservations.** It is recommended that you book your spa treatment ahead of time. To make booking dial The Spa extension at 7610 or visit the front office for further details.

**Cancellations.** If you would like to cancel your spa treatment, kindly do so with a minimum of 4 hours in advance in order to avoid a 50% cancellation fee. To reschedule your booking, simply contact us at The Spa extension 7610.

**Arrival.** Please arrive 10 minutes before your treatment time. Go to front office where concierge will drive you to The Spa in The Trans buggy. When you arrive we will discuss with you any problem areas, injuries, allergies or specific concerns in order to make your treatment as personalised as possible.

**Departure.** You will be driven in the Trans buggy back to the front office.

**Valuables.** Please do not bring any valuables to The Spa. We suggest that you leave any valuables in the safe deposit box inside your room. The Spa will not be responsible for any loss of valuable items.

**Attire.** For your comfort, we will provide you with a sarong, disposable under wear, a robe and slippers. If you wear contact lenses, it is advisable to remove them prior to your treatment to avoid any discomfort.



# PRICE LIST



## MASSAGE EXPERIENCE

Dream Time Massage	
60 minute	660,000++
90 minute	990,000++
Traditional Balinese Massage	
60 minute	660,000++
90 minute	990,000++
Deep Tissue Massage	
90 minute	1,100,000++
Herbal Compress Massage	
90 minute	990,000++
Warm Stone Massage	
90 minute	990,000++
Reflexology Massage	
60 minute	660,000++
30 minute	440,000++

## BODY RENEWAL

### Body Scrub

Lulur Body Scrub	
45 minute	420,000++
Silky Skin Body Scrub	
60 minute	760,000++
Papaya & Pineapple Saltmouse Body Scrub	
60 minute	760,000++

### Body Mask

Boreh Body Mask	
45 minute	420,000++
Desert Heat Body Mask	
60 minute	760,000++
Detox Algae Body Mask	
60 minute	760,000++
Waterlily After Sun Cooling Treatment	
45 minute	900,000++

## FACIALS

### By Sensatia Botanical's

Rose Quartz Facial	
60 minute	580,000++
Express Facial	
30 minute	330,000++

### By Pevonia

Phyto Organic Facial	
60 minute	760,000++
Facial for Him	
60 minute	760,000++
Sun-Shooting Facial	
30 minute	390,000++
Marine Collagen	
90 minute	880,000++
Totok Wajah	
90 minute	1,320,000++
Caviar & Pearl Luxe	
90 minute	1,320,000++

*Prices are in Indonesian Rupiah and subject to 21% tax & service charge*



# PRICE LIST



## SIGNATURE JOURNEY

Javanese Lulur Body Bliss 90 minute	880,000++
Balinese Boreh Ritual 90 minute	880,000++
Tropical Fruit Body Polish 90 minute	880,000++

## COUPLE JOURNEY

Essential Wine Elixir 90 minute	2,200,000++
Exotic Retreat 90 minute	2,200,000++
Honeymoon Retreat 120 minute	2,800,000++
The Royal Bliss 150 minute	3,300,000++

## FAMILY PACKAGE

*Suitable for age 5 - 12 years old*

Mommy & Me - for two 90 minute	1,200,000++
Relaxing with Daddy - for two 60 minute	750,000++
Kiddie Body Massage 45 minute	350,000++
Sweetheart Little Finger 45 minute	350,000++
Kids Pampering 90 minutes	600,000++

## HAND & FOOT TREATMENT

Spa Manicure 60 minute	400,000++
Spa Pedicure 60 minute	400,000++
Express Manicure & Pedicure <i>Without nail polish</i> 60 minute	500,000++
Nail Polish Change	275,000++

*Prices are in Indonesian Rupiah and subject to 21% tax & service charge*



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